

H. pylori (C14 Urea) Breath Test

Patient Information

Your Doctor has asked you to have a
Breath Test to test for Helicobacter pylori
(H.pylori)



This test will take approximately
15 minutes.

Before the test

Please talk to your Doctor before stopping any medications.

- Stop taking antibiotics or bismuth (e.g. DeNol) for 4 weeks before test.
- Stop taking sucralfate 2 weeks before test.
- Stop taking proton pump inhibitors (e.g. Losec, Zoton, Somac, Nexium, Pariet) 7 days before test.
- During the fasting period stop taking Antacids and H2 Antagonists (e.g. mylana, gaviscon).
- Children and pregnant or breast feeding women should consult their doctor before conducting this test.
- Please do not eat, drink, chew gum, smoke or brush teeth for 6 hours before your test.
- Patients must wait 6-8 weeks after finishing a course of antibiotics to check for H. pylori eradication.

During the test:

Please do not eat, drink, chew gum or smoke.

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